



Vitals Log Report (90 Days)

Patient Name: Not Listed

Date of Birth: 1980-01-30

Report Interval: 2025-09-01 - 2025-11-29

SteadyStat is a self-reporting tool intended for informational purposes only. This service is provided on an "as is" and "as available" basis. All data is stored locally on your device; SteadyStat does not collect, store, or share your personal health information, or transmit user data via the cloud.

Data visualizations are based on American Heart Association (AHA) guidelines, but we do not warrant or guarantee that these represent the most current or updated medical standards. While we strive for precision, SteadyStat does not guarantee that calculations, data visualizations, or content are free from errors, omissions, or inaccuracies. Use of this tool and reliance on any information provided is solely at your own risk.

These visualizations are not a substitute for professional medical diagnosis or treatment. SteadyStat does not provide medical advice.

IF YOU THINK YOU MAY HAVE A MEDICAL EMERGENCY, CALL YOUR DOCTOR OR LOCAL EMERGENCY SERVICES IMMEDIATELY.

CONFIDENTIALITY NOTICE: This document contains privileged and confidential personal health information. The user is solely responsible for the security of this document once exported. If you are not the intended recipient, any review, dissemination, or copying of this report is strictly prohibited.

Terms of Use & Clinical Methodology

1. Nature of Tool

SteadyStat is a proprietary data visualization and self-reporting software platform. It is designed to assist users in organizing and presenting blood pressure and pulse data to their healthcare providers. SteadyStat is not a medical device, does not provide medical diagnoses, and does not offer treatment recommendations.

2. Clinical Methodology

To provide actionable insights for clinical review, SteadyStat categorizes data into specific physiological windows based on standard pharmacological principles:

- **Peak Analysis (2-6 hours post-dose):** Intended to capture the maximal drug concentration and therapeutic effect (C_{max}).
- **Trough Analysis (20-24 hours post-dose):** Intended to capture the residual therapeutic effect at the end of the dosing interval, consistent with FDA Trough-to-Peak (T/P) ratio guidelines for antihypertensive efficacy.
- **AHA Alignment:** Color-coding and categorization of blood pressure readings are based on the American Heart Association (AHA) and American College of Cardiology (ACC) guidelines.

Note: These windows are approximations. Individual metabolism and specific drug half-lives vary by patient and should be interpreted only by a licensed medical professional.

3. Privacy & Data Security

SteadyStat is designed with a Privacy-First architecture:

- **Local Storage:** All health data and personal identifiers are stored locally on the user's physical device.
- **No Cloud Transmission:** SteadyStat does not collect, store, share, or sell personal health information (PHI).
- **User Control:** The user is the sole custodian of their data. SteadyStat does not transmit data to third parties, insurers, or cloud servers.

4. Limitation of Liability & Warranty

SteadyStat and its developers provide this tool "as-is" and make no warranties, express or implied, regarding the accuracy, completeness, or currentness of the medical standards used within the app.

- **No Medical Liability:** SteadyStat assumes no liability for any adverse medical events, misinterpretations of data, or clinical decisions (including medication adjustments) made by the user or their healthcare provider.
- **Physician Responsibility:** The final interpretation of all data and all subsequent clinical actions are the sole responsibility of the treating physician.

5. Emergency Notice

DO NOT USE STEADYSTAT IN THE EVENT OF A MEDICAL EMERGENCY. If you are experiencing symptoms of a heart attack, stroke, or hypertensive crisis (e.g., chest pain, severe headache, shortness of breath, or confusion), call your local emergency services (e.g., 911) or go to the nearest emergency room immediately.

Vitals Log Report (90 Days)

Patient Name: Not Listed

Date of Birth: 1980-01-30

Report Interval: 2025-09-01 - 2025-11-29

Morning (5-9 AM)

Summary Statistics

Averages:

BP: 144 / 89
Pulse: 72
MAP: 107 PP: 54

Range (Highest / Lowest):

Sys: 165 / 127
Dia: 102 / 77
Pulse: 85 / 59

BP Categories:

Normal: 0%
Elevated: 0%
Stage 1: 20%
Stage 2+: 80%

Date	Time	Category	Sys	Dia	Pulse	MAP	PP	Time Since Last Dose	Notes
2025-11-29	7:15 AM	Stage 2	148	84	71	105	64	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-28	7:15 AM	Stage 2	145	88	67	107	57	+11.1h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.6h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-27	7:15 AM	Stage 2	147	89	67	108	58	+11.4h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-26	7:15 AM	Stage 2	157	83	76	108	74	+23.4h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-25	7:15 AM	Stage 2	135	91	70	106	44	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-24	7:15 AM	Stage 2	141	92	71	108	49	+11.5h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-23	7:15 AM	Stage 2	148	89	59	109	59	+23.5h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-11-22	7:15 AM	Stage 2	142	88	74	106	54	+11.4h (Amlodipine), +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-21	7:15 AM	Stage 2	143	91	75	108	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-20	7:15 AM	Stage 1	136	86	78	103	50	+23.1h (Hydrochlorothiazide) , +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-19	7:15 AM	Stage 2	143	89	76	107	54	+23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-18	7:15 AM	Stage 2	149	85	71	106	64	+23.2h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-17	7:15 AM	Stage 1	139	83	77	102	56	+11.2h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-16	7:15 AM	Stage 2	153	84	73	107	69	+11.5h (Amlodipine), +22.8h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-15	7:15 AM	Stage 2	149	90	77	110	59	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-14	7:15 AM	Stage 2	154	93	78	113	61	+23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-13	7:15 AM	Stage 1	133	89	78	104	44	+23.6h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-12	7:15 AM	Stage 2	151	89	69	110	62	+23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-11	7:15 AM	Stage 1	134	82	62	99	52	+11.3h (Amlodipine)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-10	7:15 AM	Stage 2	142	82	78	102	60	+23.6h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-09	7:15 AM	Stage 2	135	91	66	106	44	+23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-08	7:15 AM	Stage 1	137	85	68	102	52	+23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-07	7:15 AM	Stage 2	143	91	65	108	52	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-06	7:15 AM	Stage 2	143	91	71	108	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-11-05	7:15 AM	Stage 2	141	84	69	103	57	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-04	7:15 AM	Stage 2	151	92	68	112	59	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-03	7:15 AM	Stage 2	143	91	77	108	52	+11.6h (Amlodipine), +23.5h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-02	7:15 AM	Stage 1	128	86	75	100	42	+23.9h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-01	7:15 AM	Stage 2	139	90	77	106	49	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.6h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-31	7:15 AM	Stage 2	149	83	74	105	66	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-30	7:15 AM	Stage 1	137	84	81	102	53	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-29	7:15 AM	Stage 1	132	82	70	99	50	+23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-28	7:15 AM	Stage 2	148	92	60	111	56	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-27	7:15 AM	Stage 2	149	92	82	111	57	+11.3h (Amlodipine), +22.9h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-26	7:15 AM	Stage 2	143	99	66	114	44	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-25	7:15 AM	Stage 2	147	92	75	110	55	+23.0h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-24	7:15 AM	Stage 2	154	93	75	113	61	+23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-23	7:15 AM	Stage 2	140	85	68	103	55	+23.4h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-22	7:15 AM	Stage 1	136	86	74	103	50		AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-21	7:15 AM	Stage 2	141	87	72	105	54	+23.2h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-20	7:15 AM	Stage 2	146	92	75	110	54	+23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-19	7:15 AM	Stage 2	142	84	69	103	58	+11.2h (Amlodipine), +22.9h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-18	7:15 AM	Stage 1	127	86	70	100	41	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-17	7:15 AM	Stage 2	136	93	67	107	43	+23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-16	7:15 AM	Stage 1	137	87	69	104	50	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-15	7:15 AM	Stage 2	141	81	79	101	60	+11.4h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-14	7:15 AM	Stage 1	136	79	70	98	57	+11.3h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-13	7:15 AM	Stage 2	141	93	73	109	48	+23.2h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-12	7:15 AM	Stage 2	155	94	79	114	61	+23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-11	7:15 AM	Stage 2	149	97	73	114	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-10	7:15 AM	Stage 2	131	91	76	104	40	+23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-09	7:15 AM	Stage 2	149	88	67	108	61	+23.1h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-08	7:15 AM	Stage 2	132	91	64	105	41	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-07	7:15 AM	Stage 1	134	88	72	103	46	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-06	7:15 AM	Stage 2	141	92	78	108	49	+10.8h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-05	7:15 AM	Stage 1	135	85	70	102	50	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-04	7:15 AM	Stage 2	147	91	73	110	56	+11.1h (Amlodipine), +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-03	7:15 AM	Stage 2	148	95	77	113	53	+11.1h (Amlodipine), +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-02	7:15 AM	Stage 2	148	85	71	106	63	+11.0h (Amlodipine), +23.3h (Hydrochlorothiazide) , +22.9h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-01	7:15 AM	Stage 2	143	85	72	104	58	+11.5h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-30	7:15 AM	Stage 2	142	87	66	105	55	+11.1h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-29	7:15 AM	Stage 1	134	83	69	100	51	+11.2h (Amlodipine), +23.5h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-28	7:15 AM	Stage 2	137	90	84	106	47	+11.2h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-27	7:15 AM	Stage 1	134	85	74	101	49	+11.6h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-26	7:15 AM	Stage 2	145	77	72	100	68	+23.4h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-25	7:15 AM	Stage 2	152	91	71	111	61	+23.6h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-24	7:15 AM	Stage 2	150	88	70	109	62	+23.5h (Hydrochlorothiazide) , +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-23	7:15 AM	Stage 2	152	92	65	112	60	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-22	7:15 AM	Stage 2	146	95	72	112	51	+23.3h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-21	7:15 AM	Stage 2	135	91	78	106	44	+23.6h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-20	7:15 AM	Stage 2	143	90	66	108	53	+23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-19	7:15 AM	Stage 1	137	86	73	103	51	+10.9h (Amlodipine), +23.0h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-09-18	7:15 AM	Stage 1	138	86	81	103	52	+11.3h (Amlodipine), +23.6h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-17	7:15 AM	Stage 2	147	92	72	110	55	+11.2h (Amlodipine), +23.2h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-16	7:15 AM	Stage 2	132	93	85	106	39	+23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-15	7:15 AM	Stage 2	136	99	74	111	37	+23.2h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-14	7:15 AM	Stage 2	156	95	63	115	61	+23.7h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-13	7:15 AM	Stage 2	159	95	75	116	64	+11.7h (Amlodipine), +23.3h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-12	7:15 AM	Stage 2	148	84	76	105	64	+11.2h (Amlodipine), +22.8h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-11	7:15 AM	Stage 2	142	102	72	115	40	+23.2h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-10	7:15 AM	Stage 2	152	87	73	109	65	+11.4h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-09	7:15 AM	Stage 2	165	98	73	120	67	+11.2h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-08	7:15 AM	Stage 2	143	96	70	112	47	+23.3h (Hydrochlorothiazide) , +22.9h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-07	7:15 AM	Stage 2	153	86	71	108	67	+23.0h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-06	7:15 AM	Stage 2	155	97	78	116	58	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-05	7:15 AM	Stage 2	164	90	70	115	74	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-04	7:15 AM	Stage 2	150	89	71	109	61	+11.3h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-03	7:15 AM	Stage 2	156	93	69	114	63	+11.1h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-09-02	7:15 AM	Stage 2	135	95	73	108	40	+11.2h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-01	7:15 AM	Stage 2	150	95	72	113	55		AM pre-dose (trough for 08:00 meds) [Imported/CSV]

Day (9 AM - 6 PM)

Summary Statistics

Averages:

BP: 124 / 76
Pulse: 70
MAP: 92 PP: 47

Range (Highest / Lowest):

Sys: 143 / 105
Dia: 88 / 65
Pulse: 83 / 54

BP Categories:

Normal: 20%
Elevated: 40%
Stage 1: 36%
Stage 2+: 4%

Date	Time	Category	Sys	Dia	Pulse	MAP	PP	Time Since Last Dose	Notes
2025-11-29	12:00 PM	Normal	117	79	70	92	38	+15.6h (Amlodipine), +3.9h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-28	12:00 PM	Normal	116	72	70	87	44	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-27	12:00 PM	Elevated	120	73	68	89	47	+16.1h (Amlodipine), +4.2h (Hydrochlorothiazide) , +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-26	12:00 PM	Elevated	122	73	83	89	49	+4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-25	12:00 PM	Elevated	121	79	73	93	42	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-24	12:00 PM	Elevated	122	78	76	93	44	+16.3h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-23	12:00 PM	Normal	119	78	77	92	41	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-22	12:00 PM	Stage 2	141	72	75	95	69	+16.1h (Amlodipine), +4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-21	12:00 PM	Normal	118	74	59	89	44	+3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-11-20	12:00 PM	Stage 1	111	81	66	91	30	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-19	12:00 PM	Stage 1	115	82	67	93	33	+3.8h (Hydrochlorothiazide) , +3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-18	12:00 PM	Elevated	128	76	78	93	52	+4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-17	12:00 PM	Stage 1	134	81	72	99	53	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-16	12:00 PM	Elevated	127	78	66	94	49	+16.3h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-15	12:00 PM	Stage 1	134	77	72	96	57	+16.0h (Amlodipine), +3.5h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-14	12:00 PM	Normal	113	76	69	88	37	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-13	12:00 PM	Stage 1	119	80	69	93	39	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-12	12:00 PM	Stage 1	131	67	66	88	64	+4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-11	12:00 PM	Elevated	129	76	77	94	53	+16.0h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-10	12:00 PM	Elevated	124	76	65	92	48		AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-09	12:00 PM	Stage 1	118	80	73	93	38	+4.4h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-08	12:00 PM	Normal	115	78	59	90	37	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-07	12:00 PM	Elevated	121	71	64	88	50	+4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-11-06	12:00 PM	Elevated	120	71	69	87	49	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-05	12:00 PM	Stage 1	119	82	74	94	37	+16.0h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-04	12:00 PM	Stage 1	109	85	66	93	24	+16.0h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-03	12:00 PM	Stage 1	138	80	71	99	58	+16.3h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-02	12:00 PM	Elevated	120	74	64	89	46	+4.3h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-01	12:00 PM	Elevated	122	65	65	84	57	+15.6h (Amlodipine), +3.7h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-31	12:00 PM	Stage 1	126	80	75	95	46	+15.9h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-30	12:00 PM	Elevated	128	78	72	95	50	+4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-29	12:00 PM	Elevated	128	76	75	93	52	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-28	12:00 PM	Stage 1	135	68	71	90	67	+15.6h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-27	12:00 PM	Elevated	127	68	72	88	59	+16.0h (Amlodipine), +3.8h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-26	12:00 PM	Stage 1	105	80	71	88	25	+3.7h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-25	12:00 PM	Elevated	124	68	72	87	56	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-24	12:00 PM	Normal	118	72	74	87	46	+3.8h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-10-23	12:00 PM	Elevated	123	75	64	91	48	+4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-22	12:00 PM	Stage 1	120	84	81	96	36	+4.2h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-21	12:00 PM	Elevated	128	71	77	90	57		AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-20	12:00 PM	Normal	111	67	71	82	44	+4.0h (Hydrochlorothiazide) , +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-19	12:00 PM	Elevated	127	71	68	90	56	+15.9h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-18	12:00 PM	Elevated	129	73	64	92	56	+15.8h (Amlodipine), +3.7h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-17	12:00 PM	Normal	110	78	76	89	32	+3.8h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-16	12:00 PM	Elevated	128	76	63	93	52	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-15	12:00 PM	Elevated	126	74	71	91	52	+16.2h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-14	12:00 PM	Normal	115	73	74	87	42	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-13	12:00 PM	Elevated	129	78	69	95	51	+4.0h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-12	12:00 PM	Normal	116	75	71	89	41	+4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-11	12:00 PM	Elevated	121	76	68	91	45	+4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-10	12:00 PM	Elevated	121	75	75	90	46	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-10-09	12:00 PM	Elevated	127	79	68	95	48	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-08	12:00 PM	Stage 1	136	78	65	97	58	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-07	12:00 PM	Normal	112	71	76	85	41	+16.0h (Amlodipine), +3.8h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-06	12:00 PM	Elevated	129	76	64	94	53	+15.6h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-05	12:00 PM	Normal	118	74	65	89	44	+16.1h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-04	12:00 PM	Stage 1	121	82	67	95	39	+15.8h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-03	12:00 PM	Elevated	122	78	72	93	44	+15.8h (Amlodipine), +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-02	12:00 PM	Stage 1	136	68	69	91	68	+15.8h (Amlodipine), +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-01	12:00 PM	Elevated	125	76	73	92	49	+16.3h (Amlodipine), +4.0h (Hydrochlorothiazide) , +3.6h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-30	12:00 PM	Stage 1	124	83	74	97	41	+15.8h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-29	12:00 PM	Stage 1	112	84	74	93	28	+15.9h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-28	12:00 PM	Stage 1	114	81	69	92	33	+16.0h (Amlodipine), +4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-27	12:00 PM	Elevated	126	72	68	90	54	+16.4h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-26	12:00 PM	Normal	117	72	69	87	45	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-25	12:00 PM	Stage 1	125	80	58	95	45	+4.1h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-24	12:00 PM	Stage 1	119	83	68	95	36	+4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-23	12:00 PM	Normal	118	72	66	87	46	+4.3h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-22	12:00 PM	Elevated	121	72	79	88	49	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-21	12:00 PM	Elevated	127	73	68	91	54	+4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-20	12:00 PM	Elevated	129	75	71	93	54	+4.3h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-19	12:00 PM	Elevated	122	73	60	89	49	+15.7h (Amlodipine), +3.8h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-18	12:00 PM	Normal	113	71	70	85	42	+16.1h (Amlodipine), +3.8h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-17	12:00 PM	Normal	117	73	67	88	44	+15.9h (Amlodipine), +4.3h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-16	12:00 PM	Stage 1	130	81	77	97	49	+4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-15	12:00 PM	Elevated	121	77	54	92	44	+3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-14	12:00 PM	Stage 2	143	71	76	95	72	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-13	12:00 PM	Normal	113	75	73	88	38	+16.5h (Amlodipine), +4.5h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-12	12:00 PM	Stage 1	128	81	66	97	47	+15.9h (Amlodipine), +4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-11	12:00 PM	Elevated	121	75	73	90	46	+3.6h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-10	12:00 PM	Stage 1	131	76	75	94	55	+16.1h (Amlodipine), +3.9h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-09	12:00 PM	Stage 1	132	80	72	97	52	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-08	12:00 PM	Stage 1	132	86	74	101	46	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-07	12:00 PM	Stage 1	136	84	71	101	52	+4.0h (Hydrochlorothiazide) , +3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-06	12:00 PM	Stage 1	129	82	71	98	47	+16.0h (Amlodipine), +3.7h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-05	12:00 PM	Stage 1	133	76	67	95	57	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-04	12:00 PM	Stage 2	140	82	72	101	58	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-03	12:00 PM	Stage 1	120	87	72	98	33	+15.8h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-02	12:00 PM	Stage 2	140	83	74	102	57	+15.9h (Amlodipine), +4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-01	12:00 PM	Stage 1	123	88	71	100	35	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

Evening (6-10 PM)

Summary Statistics

Averages:

BP: 136 / 83
Pulse: 71
MAP: 101 PP: 53

Range (Highest / Lowest):

Sys: 154 / 121
Dia: 97 / 72
Pulse: 84 / 61

BP Categories:

Normal: 0%
Elevated: 6%
Stage 1: 61%
Stage 2+: 33%

Date	Time	Category	Sys	Dia	Pulse	MAP	PP	Time Since Last Dose	Notes
------	------	----------	-----	-----	-------	-----	----	----------------------	-------

2025-11-29	7:30 PM	Elevated	121	76	76	91	45	+23.1h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-28	7:30 PM	Stage 1	134	83	75	100	51	+23.3h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-27	7:30 PM	Stage 1	139	82	76	101	57	+23.6h (Amlodipine), +11.7h (Hydrochlorothiazide) , +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-26	7:30 PM	Stage 2	147	86	69	106	61	+11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-25	7:30 PM	Stage 1	135	84	75	101	51	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-24	7:30 PM	Stage 1	133	88	68	103	45	+23.8h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-23	7:30 PM	Stage 2	140	84	74	103	56	+11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-22	7:30 PM	Stage 2	147	83	63	104	64	+23.6h (Amlodipine), +11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-21	7:30 PM	Stage 1	139	79	80	99	60	+11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-20	7:30 PM	Stage 1	138	85	67	103	53	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-19	7:30 PM	Stage 1	134	85	71	101	49	+11.3h (Hydrochlorothiazide) , +11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-18	7:30 PM	Stage 1	129	82	73	98	47	+11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-17	7:30 PM	Stage 1	131	82	63	98	49	+23.5h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-16	7:30 PM	Stage 2	141	83	66	102	58	+23.8h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-15	7:30 PM	Stage 1	126	81	69	96	45	+23.5h (Amlodipine), +11.1h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-14	7:30 PM	Stage 1	124	84	77	97	40	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-11-13	7:30 PM	Stage 2	142	84	77	103	58	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-12	7:30 PM	Stage 1	132	81	70	98	51	+11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-11	7:30 PM	Stage 1	131	85	76	100	46	+23.5h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-10	7:30 PM	Stage 1	135	79	75	98	56		PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-09	7:30 PM	Stage 1	139	78	82	98	61	+11.9h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-08	7:30 PM	Stage 2	142	77	64	99	65	+11.4h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-07	7:30 PM	Elevated	126	78	72	94	48	+11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-06	7:30 PM	Stage 1	132	79	65	97	53	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-05	7:30 PM	Stage 1	135	81	69	99	54	+23.5h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-04	7:30 PM	Stage 1	126	84	71	98	42	+23.5h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-03	7:30 PM	Stage 2	146	81	69	103	65	+23.8h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-02	7:30 PM	Stage 1	135	83	71	100	52	+11.8h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-01	7:30 PM	Stage 2	141	84	70	103	57	+23.1h (Amlodipine), +11.2h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-31	7:30 PM	Stage 1	135	75	70	95	60	+23.4h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-30	7:30 PM	Stage 1	138	78	68	98	60	+11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-29	7:30 PM	Elevated	129	77	73	94	52	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-10-28	7:30 PM	Stage 1	129	83	61	98	46	+23.1h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-27	7:30 PM	Stage 1	133	85	71	101	48	+23.5h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-26	7:30 PM	Stage 1	128	89	68	102	39	+11.2h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-25	7:30 PM	Stage 1	133	86	84	102	47	+11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-24	7:30 PM	Stage 1	139	78	70	98	61	+11.3h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-23	7:30 PM	Stage 1	129	84	71	99	45	+11.6h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-22	7:30 PM	Stage 1	128	82	72	97	46	+11.7h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-21	7:30 PM	Stage 1	129	89	67	102	40		PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-20	7:30 PM	Stage 2	135	95	68	108	40	+11.5h (Hydrochlorothiazide) , +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-19	7:30 PM	Stage 2	151	87	76	108	64	+23.4h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-18	7:30 PM	Stage 1	134	80	76	98	54	+23.3h (Amlodipine), +11.2h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-17	7:30 PM	Stage 1	133	85	76	101	48	+11.3h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-16	7:30 PM	Stage 1	135	87	68	103	48	+23.3h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-15	7:30 PM	Stage 2	140	95	68	110	45	+23.7h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-14	7:30 PM	Stage 1	136	72	71	93	64	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-13	7:30 PM	Stage 2	124	90	64	101	34	+11.5h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-10-12	7:30 PM	Stage 1	133	83	68	100	50	+11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-11	7:30 PM	Stage 2	143	97	71	112	46	+11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-10	7:30 PM	Stage 2	147	83	70	104	64	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-09	7:30 PM	Stage 1	135	75	66	95	60	+11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-08	7:30 PM	Stage 2	142	89	74	107	53	+23.3h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-07	7:30 PM	Stage 1	128	81	78	97	47	+23.5h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-06	7:30 PM	Stage 2	147	86	72	106	61	+23.1h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-05	7:30 PM	Stage 2	142	78	70	99	64	+23.6h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-04	7:30 PM	Stage 2	140	82	69	101	58	+23.3h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-03	7:30 PM	Stage 1	137	87	73	104	50	+23.3h (Amlodipine), +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-02	7:30 PM	Stage 2	147	83	73	104	64	+23.3h (Amlodipine), +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-01	7:30 PM	Stage 1	133	73	69	93	60	+23.8h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.1h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-30	7:30 PM	Stage 1	133	77	75	96	56	+23.3h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-29	7:30 PM	Stage 2	146	88	70	107	58	+23.4h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-28	7:30 PM	Stage 2	144	82	71	103	62	+23.5h (Amlodipine), +11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-09-27	7:30 PM	Stage 2	154	73	77	100	81	+23.9h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-26	7:30 PM	Stage 1	139	77	78	98	62	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-25	7:30 PM	Stage 1	136	84	70	101	52	+11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-24	7:30 PM	Stage 2	138	93	72	108	45	+11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-23	7:30 PM	Stage 2	148	75	74	99	73	+11.8h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-22	7:30 PM	Elevated	129	77	64	94	52	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-21	7:30 PM	Stage 1	132	88	69	103	44	+11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-20	7:30 PM	Elevated	128	73	73	91	55	+11.8h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-19	7:30 PM	Stage 1	132	84	72	100	48	+23.2h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-18	7:30 PM	Stage 1	127	89	79	102	38	+23.6h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-17	7:30 PM	Stage 1	131	82	76	98	49	+23.4h (Amlodipine), +11.8h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-16	7:30 PM	Stage 1	137	88	77	104	49	+11.5h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-15	7:30 PM	Stage 2	145	76	72	99	69	+11.3h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-14	7:30 PM	Stage 2	142	81	74	101	61	+11.4h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-13	7:30 PM	Stage 1	134	87	64	103	47	+24.0h (Amlodipine), +11.9h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-12	7:30 PM	Stage 1	137	89	67	105	48	+23.4h (Amlodipine), +11.5h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-11	7:30 PM	Stage 1	139	87	72	104	52	+11.1h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-09-10	7:30 PM	Stage 1	136	86	80	103	50	+23.6h (Amlodipine), +11.4h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-09	7:30 PM	Stage 2	147	82	76	104	65	+23.5h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-08	7:30 PM	Stage 1	139	86	67	104	53	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-07	7:30 PM	Stage 2	143	88	68	106	55	+11.6h (Hydrochlorothiazide) , +11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-06	7:30 PM	Stage 2	146	88	80	107	58	+23.5h (Amlodipine), +11.2h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-05	7:30 PM	Stage 1	139	87	76	104	52	+23.5h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-04	7:30 PM	Stage 1	132	88	66	103	44	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-03	7:30 PM	Stage 1	137	87	74	104	50	+23.3h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-02	7:30 PM	Stage 1	138	87	69	104	51	+23.4h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-01	7:30 PM	Stage 2	142	88	61	106	54	+11.3h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

Night (10 PM - 5 AM)

Summary Statistics

Averages:

BP: 137 / 84
Pulse: 71
MAP: 102 PP: 54

Range (Highest / Lowest):

Sys: 162 / 117
Dia: 97 / 72
Pulse: 80 / 59

BP Categories:

Normal: 3%
Elevated: 4%
Stage 1: 38%
Stage 2+: 54%

Date	Time	Category	Sys	Dia	Pulse	MAP	PP	Time Since Last Dose	Notes
2025-11-29	10:30 PM	Stage 1	125	86	74	99	39	+14.4h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-28	10:30 PM	Stage 2	147	88	63	108	59	+2.1h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-11-27	10:30 PM	Stage 2	142	85	76	104	57	+2.3h (Amlodipine), +14.7h (Hydrochlorothiazide) , +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-26	10:30 PM	Stage 2	146	81	75	103	65	+2.6h (Amlodipine), +14.7h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-25	10:30 PM	Stage 2	159	86	62	110	73	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-24	10:30 PM	Elevated	122	72	73	89	50	+2.6h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-23	10:30 PM	Stage 2	135	90	74	105	45	+2.8h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-22	10:30 PM	Stage 1	123	89	69	100	34	+14.7h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-21	10:30 PM	Stage 1	131	83	71	99	48	+2.6h (Amlodipine), +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-20	10:30 PM	Stage 1	139	89	74	106	50	+14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-19	10:30 PM	Stage 1	132	84	76	100	48	+14.3h (Hydrochlorothiazide) , +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-18	10:30 PM	Stage 1	136	89	68	105	47	+14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-17	10:30 PM	Stage 2	147	80	66	102	67	+14.4h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-16	10:30 PM	Stage 1	135	79	67	98	56	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-15	10:30 PM	Stage 1	129	81	69	97	48	+2.8h (Amlodipine), +14.1h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-14	10:30 PM	Stage 2	150	85	74	107	65	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-13	10:30 PM	Stage 2	140	76	77	97	64	+14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-12	10:30 PM	Stage 1	122	82	67	95	40	+14.8h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-11-11	10:30 PM	Stage 1	124	84	71	97	40	+14.6h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-10	10:30 PM	Stage 2	147	88	74	108	59	+2.5h (Amlodipine)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-09	10:30 PM	Stage 2	140	87	73	105	53	+14.9h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-08	10:30 PM	Stage 1	122	86	79	98	36	+14.4h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-07	10:30 PM	Stage 1	124	86	71	99	38	+14.7h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-06	10:30 PM	Stage 1	138	77	68	97	61	+14.5h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-05	10:30 PM	Stage 2	142	79	67	100	63	+14.5h (Hydrochlorothiazide), +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-04	10:30 PM	Stage 1	131	82	80	98	49	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-03	10:30 PM	Stage 2	142	78	72	99	64	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-02	10:30 PM	Stage 2	135	93	79	107	42	+2.8h (Amlodipine), +14.8h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-01	10:30 PM	Stage 1	137	89	64	105	48	+14.2h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-31	10:30 PM	Stage 2	148	78	72	101	70	+2.1h (Amlodipine), +14.4h (Hydrochlorothiazide), +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-30	10:30 PM	Elevated	122	76	72	91	46	+2.4h (Amlodipine), +14.6h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-29	10:30 PM	Stage 2	149	80	69	103	69	+14.5h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-28	10:30 PM	Stage 2	145	76	74	99	69	+14.4h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-27	10:30 PM	Stage 1	139	87	72	104	52	+2.1h (Amlodipine), +14.3h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-10-26	10:30 PM	Stage 2	133	93	70	106	40	+2.5h (Amlodipine), +14.2h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-25	10:30 PM	Stage 2	144	84	76	104	60	+14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-24	10:30 PM	Stage 1	133	78	73	96	55	+14.3h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-23	10:30 PM	Stage 2	141	84	72	103	57	+14.6h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-22	10:30 PM	Stage 1	132	77	65	95	55	+14.7h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-21	10:30 PM	Stage 2	143	87	66	106	56		PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-20	10:30 PM	Stage 2	154	82	67	106	72	+14.5h (Hydrochlorothiazide) , +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-19	10:30 PM	Stage 1	129	86	75	100	43	+14.6h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-18	10:30 PM	Stage 2	145	94	74	111	51	+2.4h (Amlodipine), +14.2h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-17	10:30 PM	Stage 1	122	82	62	95	40	+2.3h (Amlodipine), +14.3h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-16	10:30 PM	Normal	117	79	64	92	38	+14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-15	10:30 PM	Stage 1	127	83	78	98	44	+2.3h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-14	10:30 PM	Stage 2	146	81	68	103	65	+2.7h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-13	10:30 PM	Stage 1	138	77	74	97	61	+2.6h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-12	10:30 PM	Stage 1	133	77	75	96	56	+14.5h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-11	10:30 PM	Stage 2	154	81	76	105	73	+14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-10	10:30 PM	Stage 2	148	80	66	103	68	+14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-10-09	10:30 PM	Stage 2	142	82	72	102	60	+14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-08	10:30 PM	Stage 1	134	83	64	100	51	+14.4h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-07	10:30 PM	Stage 2	145	89	77	108	56	+2.3h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-06	10:30 PM	Normal	119	74	59	89	45	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-05	10:30 PM	Stage 2	144	86	75	105	58	+2.1h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-04	10:30 PM	Stage 1	131	82	69	98	49	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-03	10:30 PM	Stage 2	144	82	72	103	62	+2.3h (Amlodipine), +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-02	10:30 PM	Stage 2	141	80	75	100	61	+2.3h (Amlodipine), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-01	10:30 PM	Stage 2	146	80	60	102	66	+2.3h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.1h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-30	10:30 PM	Stage 1	120	83	71	95	37	+2.8h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-29	10:30 PM	Stage 1	134	80	77	98	54	+2.3h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-28	10:30 PM	Normal	118	73	67	88	45	+2.5h (Amlodipine), +14.8h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-27	10:30 PM	Stage 2	140	86	67	104	54	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-26	10:30 PM	Stage 2	140	78	67	99	62	+2.9h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-25	10:30 PM	Stage 2	140	84	70	103	56	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-09-24	10:30 PM	Elevated	125	78	74	94	47	+14.8h (Hydrochlorothiazide), +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-23	10:30 PM	Stage 2	133	91	76	105	42	+14.8h (Hydrochlorothiazide), +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-22	10:30 PM	Stage 2	137	91	69	106	46	+14.5h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-21	10:30 PM	Stage 1	134	75	72	95	59	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-20	10:30 PM	Stage 2	147	88	71	108	59	+14.8h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-19	10:30 PM	Stage 1	130	78	70	95	52	+14.3h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-18	10:30 PM	Stage 2	137	92	72	107	45	+2.2h (Amlodipine), +14.3h (Hydrochlorothiazide), +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-17	10:30 PM	Stage 2	142	84	70	103	58	+2.5h (Amlodipine), +14.8h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-16	10:30 PM	Stage 1	139	84	72	102	55	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-15	10:30 PM	Elevated	124	75	76	91	49	+14.3h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-14	10:30 PM	Stage 2	153	97	73	116	56	+14.4h (Hydrochlorothiazide), +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-13	10:30 PM	Stage 2	140	90	79	107	50	+14.9h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-12	10:30 PM	Stage 1	134	85	71	101	49	+3.0h (Amlodipine), +14.5h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-11	10:30 PM	Stage 2	141	79	71	100	62	+2.4h (Amlodipine), +14.1h (Hydrochlorothiazide), +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-10	10:30 PM	Stage 1	119	87	75	98	32	+14.4h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-09	10:30 PM	Stage 1	137	88	65	104	49	+2.6h (Amlodipine), +14.4h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-08	10:30 PM	Stage 1	132	78	69	96	54	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-09-07	10:30 PM	Stage 2	154	93	68	113	61	+14.6h (Hydrochlorothiazide), +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-06	10:30 PM	Stage 2	147	85	66	106	62	+14.2h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-05	10:30 PM	Stage 2	142	85	72	104	57	+2.5h (Amlodipine), +14.4h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-04	10:30 PM	Stage 2	137	94	70	108	43	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-03	10:30 PM	Stage 2	153	87	69	109	66	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide), +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-02	10:30 PM	Stage 2	162	85	71	111	77	+2.3h (Amlodipine), +14.5h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-01	10:30 PM	Stage 2	149	91	70	110	58	+2.4h (Amlodipine), +14.3h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

All Day

Summary Statistics

Averages:

BP: 135 / 83
Pulse: 71
MAP: 100 PP: 52

Range (Highest / Lowest):

Sys: 165 / 105
Dia: 102 / 65
Pulse: 85 / 54

BP Categories:

Normal: 6%
Elevated: 13%
Stage 1: 39%
Stage 2+: 43%

Date	Time	Category	Sys	Dia	Pulse	MAP	PP	Time Since Last Dose	Notes
2025-11-29	10:30 PM	Stage 1	125	86	74	99	39	+14.4h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-29	7:30 PM	Elevated	121	76	76	91	45	+23.1h (Amlodipine), +11.4h (Hydrochlorothiazide), +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-29	12:00 PM	Normal	117	79	70	92	38	+15.6h (Amlodipine), +3.9h (Hydrochlorothiazide), +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-29	7:15 AM	Stage 2	148	84	71	105	64	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide), +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-11-28	10:30 PM	Stage 2	147	88	63	108	59	+2.1h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-28	7:30 PM	Stage 1	134	83	75	100	51	+23.3h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-28	12:00 PM	Normal	116	72	70	87	44	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-28	7:15 AM	Stage 2	145	88	67	107	57	+11.1h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.6h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-27	10:30 PM	Stage 2	142	85	76	104	57	+2.3h (Amlodipine), +14.7h (Hydrochlorothiazide) , +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-27	7:30 PM	Stage 1	139	82	76	101	57	+23.6h (Amlodipine), +11.7h (Hydrochlorothiazide) , +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-27	12:00 PM	Elevated	120	73	68	89	47	+16.1h (Amlodipine), +4.2h (Hydrochlorothiazide) , +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-27	7:15 AM	Stage 2	147	89	67	108	58	+11.4h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-26	10:30 PM	Stage 2	146	81	75	103	65	+2.6h (Amlodipine), +14.7h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-26	7:30 PM	Stage 2	147	86	69	106	61	+11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-26	12:00 PM	Elevated	122	73	83	89	49	+4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-26	7:15 AM	Stage 2	157	83	76	108	74	+23.4h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-25	10:30 PM	Stage 2	159	86	62	110	73	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-25	7:30 PM	Stage 1	135	84	75	101	51	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-25	12:00 PM	Elevated	121	79	73	93	42	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-11-25	7:15 AM	Stage 2	135	91	70	106	44	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-24	10:30 PM	Elevated	122	72	73	89	50	+2.6h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-24	7:30 PM	Stage 1	133	88	68	103	45	+23.8h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-24	12:00 PM	Elevated	122	78	76	93	44	+16.3h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-24	7:15 AM	Stage 2	141	92	71	108	49	+11.5h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-23	10:30 PM	Stage 2	135	90	74	105	45	+2.8h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-23	7:30 PM	Stage 2	140	84	74	103	56	+11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-23	12:00 PM	Normal	119	78	77	92	41	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-23	7:15 AM	Stage 2	148	89	59	109	59	+23.5h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-22	10:30 PM	Stage 1	123	89	69	100	34	+14.7h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-22	7:30 PM	Stage 2	147	83	63	104	64	+23.6h (Amlodipine), +11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-22	12:00 PM	Stage 2	141	72	75	95	69	+16.1h (Amlodipine), +4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-22	7:15 AM	Stage 2	142	88	74	106	54	+11.4h (Amlodipine), +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-21	10:30 PM	Stage 1	131	83	71	99	48	+2.6h (Amlodipine), +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-21	7:30 PM	Stage 1	139	79	80	99	60	+11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-11-21	12:00 PM	Normal	118	74	59	89	44	+3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-21	7:15 AM	Stage 2	143	91	75	108	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-20	10:30 PM	Stage 1	139	89	74	106	50	+14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-20	7:30 PM	Stage 1	138	85	67	103	53	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-20	12:00 PM	Stage 1	111	81	66	91	30	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-20	7:15 AM	Stage 1	136	86	78	103	50	+23.1h (Hydrochlorothiazide) , +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-19	10:30 PM	Stage 1	132	84	76	100	48	+14.3h (Hydrochlorothiazide) , +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-19	7:30 PM	Stage 1	134	85	71	101	49	+11.3h (Hydrochlorothiazide) , +11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-19	12:00 PM	Stage 1	115	82	67	93	33	+3.8h (Hydrochlorothiazide) , +3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-19	7:15 AM	Stage 2	143	89	76	107	54	+23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-18	10:30 PM	Stage 1	136	89	68	105	47	+14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-18	7:30 PM	Stage 1	129	82	73	98	47	+11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-18	12:00 PM	Elevated	128	76	78	93	52	+4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-18	7:15 AM	Stage 2	149	85	71	106	64	+23.2h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-17	10:30 PM	Stage 2	147	80	66	102	67	+14.4h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-17	7:30 PM	Stage 1	131	82	63	98	49	+23.5h (Amlodipine) , +11.4h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-11-17	12:00 PM	Stage 1	134	81	72	99	53	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-17	7:15 AM	Stage 1	139	83	77	102	56	+11.2h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-16	10:30 PM	Stage 1	135	79	67	98	56	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-16	7:30 PM	Stage 2	141	83	66	102	58	+23.8h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-16	12:00 PM	Elevated	127	78	66	94	49	+16.3h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-16	7:15 AM	Stage 2	153	84	73	107	69	+11.5h (Amlodipine), +22.8h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-15	10:30 PM	Stage 1	129	81	69	97	48	+2.8h (Amlodipine), +14.1h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-15	7:30 PM	Stage 1	126	81	69	96	45	+23.5h (Amlodipine), +11.1h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-15	12:00 PM	Stage 1	134	77	72	96	57	+16.0h (Amlodipine), +3.5h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-15	7:15 AM	Stage 2	149	90	77	110	59	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-14	10:30 PM	Stage 2	150	85	74	107	65	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-14	7:30 PM	Stage 1	124	84	77	97	40	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-14	12:00 PM	Normal	113	76	69	88	37	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-14	7:15 AM	Stage 2	154	93	78	113	61	+23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-13	10:30 PM	Stage 2	140	76	77	97	64	+14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-11-13	7:30 PM	Stage 2	142	84	77	103	58	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-13	12:00 PM	Stage 1	119	80	69	93	39	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-13	7:15 AM	Stage 1	133	89	78	104	44	+23.6h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-12	10:30 PM	Stage 1	122	82	67	95	40	+14.8h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-12	7:30 PM	Stage 1	132	81	70	98	51	+11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-12	12:00 PM	Stage 1	131	67	66	88	64	+4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-12	7:15 AM	Stage 2	151	89	69	110	62	+23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-11	10:30 PM	Stage 1	124	84	71	97	40	+14.6h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-11	7:30 PM	Stage 1	131	85	76	100	46	+23.5h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-11	12:00 PM	Elevated	129	76	77	94	53	+16.0h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-11	7:15 AM	Stage 1	134	82	62	99	52	+11.3h (Amlodipine)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-10	10:30 PM	Stage 2	147	88	74	108	59	+2.5h (Amlodipine)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-10	7:30 PM	Stage 1	135	79	75	98	56		PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-10	12:00 PM	Elevated	124	76	65	92	48		AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-10	7:15 AM	Stage 2	142	82	78	102	60	+23.6h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-09	10:30 PM	Stage 2	140	87	73	105	53	+14.9h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-09	7:30 PM	Stage 1	139	78	82	98	61	+11.9h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-11-09	12:00 PM	Stage 1	118	80	73	93	38	+4.4h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-09	7:15 AM	Stage 2	135	91	66	106	44	+23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-08	10:30 PM	Stage 1	122	86	79	98	36	+14.4h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-08	7:30 PM	Stage 2	142	77	64	99	65	+11.4h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-08	12:00 PM	Normal	115	78	59	90	37	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-08	7:15 AM	Stage 1	137	85	68	102	52	+23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-07	10:30 PM	Stage 1	124	86	71	99	38	+14.7h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-07	7:30 PM	Elevated	126	78	72	94	48	+11.7h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-07	12:00 PM	Elevated	121	71	64	88	50	+4.2h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-07	7:15 AM	Stage 2	143	91	65	108	52	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-06	10:30 PM	Stage 1	138	77	68	97	61	+14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-06	7:30 PM	Stage 1	132	79	65	97	53	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-06	12:00 PM	Elevated	120	71	69	87	49	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-06	7:15 AM	Stage 2	143	91	71	108	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-05	10:30 PM	Stage 2	142	79	67	100	63	+14.5h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-05	7:30 PM	Stage 1	135	81	69	99	54	+23.5h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-11-05	12:00 PM	Stage 1	119	82	74	94	37	+16.0h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-05	7:15 AM	Stage 2	141	84	69	103	57	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-04	10:30 PM	Stage 1	131	82	80	98	49	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-04	7:30 PM	Stage 1	126	84	71	98	42	+23.5h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-04	12:00 PM	Stage 1	109	85	66	93	24	+16.0h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-04	7:15 AM	Stage 2	151	92	68	112	59	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-03	10:30 PM	Stage 2	142	78	72	99	64	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-03	7:30 PM	Stage 2	146	81	69	103	65	+23.8h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-03	12:00 PM	Stage 1	138	80	71	99	58	+16.3h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-03	7:15 AM	Stage 2	143	91	77	108	52	+11.6h (Amlodipine), +23.5h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-02	10:30 PM	Stage 2	135	93	79	107	42	+2.8h (Amlodipine), +14.8h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-11-02	7:30 PM	Stage 1	135	83	71	100	52	+11.8h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-02	12:00 PM	Elevated	120	74	64	89	46	+4.3h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-02	7:15 AM	Stage 1	128	86	75	100	42	+23.9h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-11-01	10:30 PM	Stage 1	137	89	64	105	48	+14.2h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-11-01	7:30 PM	Stage 2	141	84	70	103	57	+23.1h (Amlodipine), +11.2h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-11-01	12:00 PM	Elevated	122	65	65	84	57	+15.6h (Amlodipine), +3.7h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-11-01	7:15 AM	Stage 2	139	90	77	106	49	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.6h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-31	10:30 PM	Stage 2	148	78	72	101	70	+2.1h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-31	7:30 PM	Stage 1	135	75	70	95	60	+23.4h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-31	12:00 PM	Stage 1	126	80	75	95	46	+15.9h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-31	7:15 AM	Stage 2	149	83	74	105	66	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-30	10:30 PM	Elevated	122	76	72	91	46	+2.4h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-30	7:30 PM	Stage 1	138	78	68	98	60	+11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-30	12:00 PM	Elevated	128	78	72	95	50	+4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-30	7:15 AM	Stage 1	137	84	81	102	53	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-29	10:30 PM	Stage 2	149	80	69	103	69	+14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-29	7:30 PM	Elevated	129	77	73	94	52	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-29	12:00 PM	Elevated	128	76	75	93	52	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-29	7:15 AM	Stage 1	132	82	70	99	50	+23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-28	10:30 PM	Stage 2	145	76	74	99	69	+14.4h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-28	7:30 PM	Stage 1	129	83	61	98	46	+23.1h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-28	12:00 PM	Stage 1	135	68	71	90	67	+15.6h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-28	7:15 AM	Stage 2	148	92	60	111	56	+10.8h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-27	10:30 PM	Stage 1	139	87	72	104	52	+2.1h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-27	7:30 PM	Stage 1	133	85	71	101	48	+23.5h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-27	12:00 PM	Elevated	127	68	72	88	59	+16.0h (Amlodipine), +3.8h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-27	7:15 AM	Stage 2	149	92	82	111	57	+11.3h (Amlodipine), +22.9h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-26	10:30 PM	Stage 2	133	93	70	106	40	+2.5h (Amlodipine), +14.2h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-26	7:30 PM	Stage 1	128	89	68	102	39	+11.2h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-26	12:00 PM	Stage 1	105	80	71	88	25	+3.7h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-26	7:15 AM	Stage 2	143	99	66	114	44	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-25	10:30 PM	Stage 2	144	84	76	104	60	+14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-25	7:30 PM	Stage 1	133	86	84	102	47	+11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-25	12:00 PM	Elevated	124	68	72	87	56	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-10-25	7:15 AM	Stage 2	147	92	75	110	55	+23.0h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-24	10:30 PM	Stage 1	133	78	73	96	55	+14.3h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-24	7:30 PM	Stage 1	139	78	70	98	61	+11.3h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-24	12:00 PM	Normal	118	72	74	87	46	+3.8h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-24	7:15 AM	Stage 2	154	93	75	113	61	+23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-23	10:30 PM	Stage 2	141	84	72	103	57	+14.6h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-23	7:30 PM	Stage 1	129	84	71	99	45	+11.6h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-23	12:00 PM	Elevated	123	75	64	91	48	+4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-23	7:15 AM	Stage 2	140	85	68	103	55	+23.4h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-22	10:30 PM	Stage 1	132	77	65	95	55	+14.7h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-22	7:30 PM	Stage 1	128	82	72	97	46	+11.7h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-22	12:00 PM	Stage 1	120	84	81	96	36	+4.2h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-22	7:15 AM	Stage 1	136	86	74	103	50		AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-21	10:30 PM	Stage 2	143	87	66	106	56		PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-21	7:30 PM	Stage 1	129	89	67	102	40		PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-21	12:00 PM	Elevated	128	71	77	90	57		AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-21	7:15 AM	Stage 2	141	87	72	105	54	+23.2h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-20	10:30 PM	Stage 2	154	82	67	106	72	+14.5h (Hydrochlorothiazide), +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-20	7:30 PM	Stage 2	135	95	68	108	40	+11.5h (Hydrochlorothiazide), +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-20	12:00 PM	Normal	111	67	71	82	44	+4.0h (Hydrochlorothiazide), +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-20	7:15 AM	Stage 2	146	92	75	110	54	+23.3h (Hydrochlorothiazide), +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-19	10:30 PM	Stage 1	129	86	75	100	43	+14.6h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-19	7:30 PM	Stage 2	151	87	76	108	64	+23.4h (Amlodipine), +11.6h (Hydrochlorothiazide), +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-19	12:00 PM	Elevated	127	71	68	90	56	+15.9h (Amlodipine), +4.1h (Hydrochlorothiazide), +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-19	7:15 AM	Stage 2	142	84	69	103	58	+11.2h (Amlodipine), +22.9h (Hydrochlorothiazide), +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-18	10:30 PM	Stage 2	145	94	74	111	51	+2.4h (Amlodipine), +14.2h (Hydrochlorothiazide), +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-18	7:30 PM	Stage 1	134	80	76	98	54	+23.3h (Amlodipine), +11.2h (Hydrochlorothiazide), +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-18	12:00 PM	Elevated	129	73	64	92	56	+15.8h (Amlodipine), +3.7h (Hydrochlorothiazide), +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-18	7:15 AM	Stage 1	127	86	70	100	41	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-17	10:30 PM	Stage 1	122	82	62	95	40	+2.3h (Amlodipine), +14.3h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-17	7:30 PM	Stage 1	133	85	76	101	48	+11.3h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-17	12:00 PM	Normal	110	78	76	89	32	+3.8h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-17	7:15 AM	Stage 2	136	93	67	107	43	+23.2h (Hydrochlorothiazide), +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-16	10:30 PM	Normal	117	79	64	92	38	+14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-16	7:30 PM	Stage 1	135	87	68	103	48	+23.3h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-16	12:00 PM	Elevated	128	76	63	93	52	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-16	7:15 AM	Stage 1	137	87	69	104	50	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-15	10:30 PM	Stage 1	127	83	78	98	44	+2.3h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-15	7:30 PM	Stage 2	140	95	68	110	45	+23.7h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-15	12:00 PM	Elevated	126	74	71	91	52	+16.2h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-15	7:15 AM	Stage 2	141	81	79	101	60	+11.4h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-14	10:30 PM	Stage 2	146	81	68	103	65	+2.7h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-14	7:30 PM	Stage 1	136	72	71	93	64	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-14	12:00 PM	Normal	115	73	74	87	42	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-14	7:15 AM	Stage 1	136	79	70	98	57	+11.3h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-13	10:30 PM	Stage 1	138	77	74	97	61	+2.6h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-13	7:30 PM	Stage 2	124	90	64	101	34	+11.5h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-13	12:00 PM	Elevated	129	78	69	95	51	+4.0h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-10-13	7:15 AM	Stage 2	141	93	73	109	48	+23.2h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-12	10:30 PM	Stage 1	133	77	75	96	56	+14.5h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-12	7:30 PM	Stage 1	133	83	68	100	50	+11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-12	12:00 PM	Normal	116	75	71	89	41	+4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-12	7:15 AM	Stage 2	155	94	79	114	61	+23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-11	10:30 PM	Stage 2	154	81	76	105	73	+14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-11	7:30 PM	Stage 2	143	97	71	112	46	+11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-11	12:00 PM	Elevated	121	76	68	91	45	+4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-11	7:15 AM	Stage 2	149	97	73	114	52	+23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-10	10:30 PM	Stage 2	148	80	66	103	68	+14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-10	7:30 PM	Stage 2	147	83	70	104	64	+11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-10	12:00 PM	Elevated	121	75	75	90	46	+4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-10	7:15 AM	Stage 2	131	91	76	104	40	+23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-09	10:30 PM	Stage 2	142	82	72	102	60	+14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-09	7:30 PM	Stage 1	135	75	66	95	60	+11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-09	12:00 PM	Elevated	127	79	68	95	48	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-09	7:15 AM	Stage 2	149	88	67	108	61	+23.1h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-10-08	10:30 PM	Stage 1	134	83	64	100	51	+14.4h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-08	7:30 PM	Stage 2	142	89	74	107	53	+23.3h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-08	12:00 PM	Stage 1	136	78	65	97	58	+15.8h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-08	7:15 AM	Stage 2	132	91	64	105	41	+11.1h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-07	10:30 PM	Stage 2	145	89	77	108	56	+2.3h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-07	7:30 PM	Stage 1	128	81	78	97	47	+23.5h (Amlodipine), +11.3h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-07	12:00 PM	Normal	112	71	76	85	41	+16.0h (Amlodipine), +3.8h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-07	7:15 AM	Stage 1	134	88	72	103	46	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-06	10:30 PM	Normal	119	74	59	89	45	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-06	7:30 PM	Stage 2	147	86	72	106	61	+23.1h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-06	12:00 PM	Elevated	129	76	64	94	53	+15.6h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-06	7:15 AM	Stage 2	141	92	78	108	49	+10.8h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-05	10:30 PM	Stage 2	144	86	75	105	58	+2.1h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-05	7:30 PM	Stage 2	142	78	70	99	64	+23.6h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-10-05	12:00 PM	Normal	118	74	65	89	44	+16.1h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-05	7:15 AM	Stage 1	135	85	70	102	50	+11.3h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-04	10:30 PM	Stage 1	131	82	69	98	49	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-04	7:30 PM	Stage 2	140	82	69	101	58	+23.3h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-04	12:00 PM	Stage 1	121	82	67	95	39	+15.8h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-04	7:15 AM	Stage 2	147	91	73	110	56	+11.1h (Amlodipine), +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-03	10:30 PM	Stage 2	144	82	72	103	62	+2.3h (Amlodipine), +14.8h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-03	7:30 PM	Stage 1	137	87	73	104	50	+23.3h (Amlodipine), +11.8h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-03	12:00 PM	Elevated	122	78	72	93	44	+15.8h (Amlodipine), +4.3h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-03	7:15 AM	Stage 2	148	95	77	113	53	+11.1h (Amlodipine), +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-02	10:30 PM	Stage 2	141	80	75	100	61	+2.3h (Amlodipine), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-10-02	7:30 PM	Stage 2	147	83	73	104	64	+23.3h (Amlodipine), +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-02	12:00 PM	Stage 1	136	68	69	91	68	+15.8h (Amlodipine), +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-02	7:15 AM	Stage 2	148	85	71	106	63	+11.0h (Amlodipine), +23.3h (Hydrochlorothiazide) , +22.9h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-10-01	10:30 PM	Stage 2	146	80	60	102	66	+2.3h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.1h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-10-01	7:30 PM	Stage 1	133	73	69	93	60	+23.8h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.1h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-10-01	12:00 PM	Elevated	125	76	73	92	49	+16.3h (Amlodipine), +4.0h (Hydrochlorothiazide) , +3.6h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-10-01	7:15 AM	Stage 2	143	85	72	104	58	+11.5h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-30	10:30 PM	Stage 1	120	83	71	95	37	+2.8h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-30	7:30 PM	Stage 1	133	77	75	96	56	+23.3h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-30	12:00 PM	Stage 1	124	83	74	97	41	+15.8h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-30	7:15 AM	Stage 2	142	87	66	105	55	+11.1h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-29	10:30 PM	Stage 1	134	80	77	98	54	+2.3h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-29	7:30 PM	Stage 2	146	88	70	107	58	+23.4h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-29	12:00 PM	Stage 1	112	84	74	93	28	+15.9h (Amlodipine), +4.1h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-29	7:15 AM	Stage 1	134	83	69	100	51	+11.2h (Amlodipine), +23.5h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-28	10:30 PM	Normal	118	73	67	88	45	+2.5h (Amlodipine), +14.8h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-28	7:30 PM	Stage 2	144	82	71	103	62	+23.5h (Amlodipine), +11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-28	12:00 PM	Stage 1	114	81	69	92	33	+16.0h (Amlodipine), +4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-28	7:15 AM	Stage 2	137	90	84	106	47	+11.2h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.5h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-27	10:30 PM	Stage 2	140	86	67	104	54	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-27	7:30 PM	Stage 2	154	73	77	100	81	+23.9h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-27	12:00 PM	Elevated	126	72	68	90	54	+16.4h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-27	7:15 AM	Stage 1	134	85	74	101	49	+11.6h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-26	10:30 PM	Stage 2	140	78	67	99	62	+2.9h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-26	7:30 PM	Stage 1	139	77	78	98	62	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-26	12:00 PM	Normal	117	72	69	87	45	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-26	7:15 AM	Stage 2	145	77	72	100	68	+23.4h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-25	10:30 PM	Stage 2	140	84	70	103	56	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-25	7:30 PM	Stage 1	136	84	70	101	52	+11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-25	12:00 PM	Stage 1	125	80	58	95	45	+4.1h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-25	7:15 AM	Stage 2	152	91	71	111	61	+23.6h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-24	10:30 PM	Elevated	125	78	74	94	47	+14.8h (Hydrochlorothiazide) , +14.7h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-24	7:30 PM	Stage 2	138	93	72	108	45	+11.8h (Hydrochlorothiazide) , +11.7h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-24	12:00 PM	Stage 1	119	83	68	95	36	+4.3h (Hydrochlorothiazide) , +4.2h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-24	7:15 AM	Stage 2	150	88	70	109	62	+23.5h (Hydrochlorothiazide) , +23.0h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-23	10:30 PM	Stage 2	133	91	76	105	42	+14.8h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-23	7:30 PM	Stage 2	148	75	74	99	73	+11.8h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-23	12:00 PM	Normal	118	72	66	87	46	+4.3h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-23	7:15 AM	Stage 2	152	92	65	112	60	+23.3h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-22	10:30 PM	Stage 2	137	91	69	106	46	+14.5h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-22	7:30 PM	Elevated	129	77	64	94	52	+11.5h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-22	12:00 PM	Elevated	121	72	79	88	49	+4.0h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-22	7:15 AM	Stage 2	146	95	72	112	51	+23.3h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-21	10:30 PM	Stage 1	134	75	72	95	59	+14.6h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-21	7:30 PM	Stage 1	132	88	69	103	44	+11.6h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-21	12:00 PM	Elevated	127	73	68	91	54	+4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-21	7:15 AM	Stage 2	135	91	78	106	44	+23.6h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-20	10:30 PM	Stage 2	147	88	71	108	59	+14.8h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-20	7:30 PM	Elevated	128	73	73	91	55	+11.8h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-20	12:00 PM	Elevated	129	75	71	93	54	+4.3h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-20	7:15 AM	Stage 2	143	90	66	108	53	+23.1h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]

2025-09-19	10:30 PM	Stage 1	130	78	70	95	52	+14.3h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-19	7:30 PM	Stage 1	132	84	72	100	48	+23.2h (Amlodipine), +11.3h (Hydrochlorothiazide), +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-19	12:00 PM	Elevated	122	73	60	89	49	+15.7h (Amlodipine), +3.8h (Hydrochlorothiazide), +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-19	7:15 AM	Stage 1	137	86	73	103	51	+10.9h (Amlodipine), +23.0h (Hydrochlorothiazide), +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-18	10:30 PM	Stage 2	137	92	72	107	45	+2.2h (Amlodipine), +14.3h (Hydrochlorothiazide), +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-18	7:30 PM	Stage 1	127	89	79	102	38	+23.6h (Amlodipine), +11.3h (Hydrochlorothiazide), +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-18	12:00 PM	Normal	113	71	70	85	42	+16.1h (Amlodipine), +3.8h (Hydrochlorothiazide), +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-18	7:15 AM	Stage 1	138	86	81	103	52	+11.3h (Amlodipine), +23.6h (Hydrochlorothiazide), +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-17	10:30 PM	Stage 2	142	84	70	103	58	+2.5h (Amlodipine), +14.8h (Hydrochlorothiazide), +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-17	7:30 PM	Stage 1	131	82	76	98	49	+23.4h (Amlodipine), +11.8h (Hydrochlorothiazide), +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-17	12:00 PM	Normal	117	73	67	88	44	+15.9h (Amlodipine), +4.3h (Hydrochlorothiazide), +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-17	7:15 AM	Stage 2	147	92	72	110	55	+11.2h (Amlodipine), +23.2h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-16	10:30 PM	Stage 1	139	84	72	102	55	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-16	7:30 PM	Stage 1	137	88	77	104	49	+11.5h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-16	12:00 PM	Stage 1	130	81	77	97	49	+4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-16	7:15 AM	Stage 2	132	93	85	106	39	+23.1h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-15	10:30 PM	Elevated	124	75	76	91	49	+14.3h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-15	7:30 PM	Stage 2	145	76	72	99	69	+11.3h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-15	12:00 PM	Elevated	121	77	54	92	44	+3.9h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-15	7:15 AM	Stage 2	136	99	74	111	37	+23.2h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-14	10:30 PM	Stage 2	153	97	73	116	56	+14.4h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-14	7:30 PM	Stage 2	142	81	74	101	61	+11.4h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-14	12:00 PM	Stage 2	143	71	76	95	72	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-14	7:15 AM	Stage 2	156	95	63	115	61	+23.7h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-13	10:30 PM	Stage 2	140	90	79	107	50	+14.9h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-13	7:30 PM	Stage 1	134	87	64	103	47	+24.0h (Amlodipine), +11.9h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-13	12:00 PM	Normal	113	75	73	88	38	+16.5h (Amlodipine), +4.5h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-13	7:15 AM	Stage 2	159	95	75	116	64	+11.7h (Amlodipine), +23.3h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-12	10:30 PM	Stage 1	134	85	71	101	49	+3.0h (Amlodipine), +14.5h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-12	7:30 PM	Stage 1	137	89	67	105	48	+23.4h (Amlodipine), +11.5h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-12	12:00 PM	Stage 1	128	81	66	97	47	+15.9h (Amlodipine), +4.0h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]

2025-09-12	7:15 AM	Stage 2	148	84	76	105	64	+11.2h (Amlodipine), +22.8h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-11	10:30 PM	Stage 2	141	79	71	100	62	+2.4h (Amlodipine), +14.1h (Hydrochlorothiazide) , +14.3h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-11	7:30 PM	Stage 1	139	87	72	104	52	+11.1h (Hydrochlorothiazide) , +11.3h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-11	12:00 PM	Elevated	121	75	73	90	46	+3.6h (Hydrochlorothiazide) , +3.8h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-11	7:15 AM	Stage 2	142	102	72	115	40	+23.2h (Hydrochlorothiazide)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-10	10:30 PM	Stage 1	119	87	75	98	32	+14.4h (Hydrochlorothiazide)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-10	7:30 PM	Stage 1	136	86	80	103	50	+23.6h (Amlodipine), +11.4h (Hydrochlorothiazide)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-10	12:00 PM	Stage 1	131	76	75	94	55	+16.1h (Amlodipine), +3.9h (Hydrochlorothiazide)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-10	7:15 AM	Stage 2	152	87	73	109	65	+11.4h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-09	10:30 PM	Stage 1	137	88	65	104	49	+2.6h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-09	7:30 PM	Stage 2	147	82	76	104	65	+23.5h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-09	12:00 PM	Stage 1	132	80	72	97	52	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-09	7:15 AM	Stage 2	165	98	73	120	67	+11.2h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-08	10:30 PM	Stage 1	132	78	69	96	54	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-08	7:30 PM	Stage 1	139	86	67	104	53	+11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]

2025-09-08	12:00 PM	Stage 1	132	86	74	101	46	+4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-08	7:15 AM	Stage 2	143	96	70	112	47	+23.3h (Hydrochlorothiazide) , +22.9h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-07	10:30 PM	Stage 2	154	93	68	113	61	+14.6h (Hydrochlorothiazide) , +14.2h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-07	7:30 PM	Stage 2	143	88	68	106	55	+11.6h (Hydrochlorothiazide) , +11.2h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-07	12:00 PM	Stage 1	136	84	71	101	52	+4.0h (Hydrochlorothiazide) , +3.7h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-07	7:15 AM	Stage 2	153	86	71	108	67	+23.0h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-06	10:30 PM	Stage 2	147	85	66	106	62	+14.2h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-06	7:30 PM	Stage 2	146	88	80	107	58	+23.5h (Amlodipine), +11.2h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-06	12:00 PM	Stage 1	129	82	71	98	47	+16.0h (Amlodipine), +3.7h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-06	7:15 AM	Stage 2	155	97	78	116	58	+11.3h (Amlodipine), +23.2h (Hydrochlorothiazide) , +23.3h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-05	10:30 PM	Stage 2	142	85	72	104	57	+2.5h (Amlodipine), +14.4h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-05	7:30 PM	Stage 1	139	87	76	104	52	+23.5h (Amlodipine), +11.4h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-05	12:00 PM	Stage 1	133	76	67	95	57	+16.0h (Amlodipine), +3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-05	7:15 AM	Stage 2	164	90	70	115	74	+11.2h (Amlodipine), +23.4h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-04	10:30 PM	Stage 2	137	94	70	108	43	+2.5h (Amlodipine), +14.6h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]

2025-09-04	7:30 PM	Stage 1	132	88	66	103	44	+23.6h (Amlodipine), +11.6h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-04	12:00 PM	Stage 2	140	82	72	101	58	+16.1h (Amlodipine), +4.1h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-04	7:15 AM	Stage 2	150	89	71	109	61	+11.3h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.4h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-03	10:30 PM	Stage 2	153	87	69	109	66	+2.5h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.6h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-03	7:30 PM	Stage 1	137	87	74	104	50	+23.3h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.6h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-03	12:00 PM	Stage 1	120	87	72	98	33	+15.8h (Amlodipine), +4.0h (Hydrochlorothiazide) , +4.1h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-03	7:15 AM	Stage 2	156	93	69	114	63	+11.1h (Amlodipine), +23.3h (Hydrochlorothiazide) , +23.1h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-02	10:30 PM	Stage 2	162	85	71	111	77	+2.3h (Amlodipine), +14.5h (Hydrochlorothiazide) , +14.4h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-02	7:30 PM	Stage 1	138	87	69	104	51	+23.4h (Amlodipine), +11.5h (Hydrochlorothiazide) , +11.4h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-02	12:00 PM	Stage 2	140	83	74	102	57	+15.9h (Amlodipine), +4.0h (Hydrochlorothiazide) , +3.9h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-02	7:15 AM	Stage 2	135	95	73	108	40	+11.2h (Amlodipine), +23.1h (Hydrochlorothiazide) , +23.2h (Losartan)	AM pre-dose (trough for 08:00 meds) [Imported/CSV]
2025-09-01	10:30 PM	Stage 2	149	91	70	110	58	+2.4h (Amlodipine), +14.3h (Hydrochlorothiazide) , +14.5h (Losartan)	PM peak window (2-6h post 20:00 med) [Imported/CSV]
2025-09-01	7:30 PM	Stage 2	142	88	61	106	54	+11.3h (Hydrochlorothiazide) , +11.5h (Losartan)	PM pre-dose (trough for 20:00 med) [Imported/CSV]
2025-09-01	12:00 PM	Stage 1	123	88	71	100	35	+3.9h (Hydrochlorothiazide) , +4.0h (Losartan)	AM peak window (2-6h post 08:00 meds) [Imported/CSV]
2025-09-01	7:15 AM	Stage 2	150	95	72	113	55		AM pre-dose (trough for 08:00 meds) [Imported/CSV]

*Mean Arterial Pressure (MAP) = (SBP + 2*DBP)/3*
Pulse Pressure (PP) = SBP - DBP

SteadyStat is a self-reporting tool intended for informational purposes only. This service is provided on an "as is" and "as available" basis. All data is stored locally on your device; SteadyStat does not collect, store, or share your personal health information, or transmit user data via the cloud.

Data visualizations are based on American Heart Association (AHA) guidelines, but we do not warrant or guarantee that these represent the most current or updated medical standards. While we strive for precision, SteadyStat does not guarantee that calculations, data visualizations, or content are free from errors, omissions, or inaccuracies. Use of this tool and reliance on any information provided is solely at your own risk.

These visualizations are not a substitute for professional medical diagnosis or treatment. SteadyStat does not provide medical advice.

IF YOU THINK YOU MAY HAVE A MEDICAL EMERGENCY, CALL YOUR DOCTOR OR LOCAL EMERGENCY SERVICES IMMEDIATELY.

CONFIDENTIALITY NOTICE: This document contains privileged and confidential personal health information. The user is solely responsible for the security of this document once exported. If you are not the intended recipient, any review, dissemination, or copying of this report is strictly prohibited.