SteadyStat

Medication List

Patient Name: Not Listed

Date of Birth: 1980-01-30

Report Interval: Current as of 2026-02-19

Terms of Use & Clinical Methodology

1. Nature of Tool

SteadyStat is a proprietary data visualization and self-reporting software platform. It is designed to assist users in organizing and presenting blood pressure and pulse data to their healthcare providers. SteadyStat is not a medical device, does not provide medical diagnoses, and does not offer treatment recommendations.

2. Clinical Methodology

To provide actionable insights for clinical review, SteadyStat categorizes data into specific physiological windows based on standard pharmacological principles:

- Peak Analysis (2-6 hours post-dose): Intended to capture the maximal drug concentration and therapeutic effect (Cmax).
- Trough Analysis (20-24 hours post-dose): Intended to capture the residual therapeutic effect at the end of the dosing interval, consistent with FDA Trough-to-Peak (T/P) ratio guidelines for antihypertensive efficacy.
- AHA Alignment: Color-coding and categorization of blood pressure readings are based on the American Heart Association (AHA) and American College of Cardiology (ACC) guidelines.

Note: These windows are approximations. Individual metabolism and specific drug half-lives vary by patient and should be interpreted only by a licensed medical professional.

3. Privacy & Data Security

SteadyStat is designed with a Privacy-First architecture:

- Local Storage: All health data and personal identifiers are stored locally on the user's physical device.
- No Cloud Transmission: SteadyStat does not collect, store, share, or sell personal health information (PHI).
- User Control: The user is the sole custodian of their data. SteadyStat does not transmit data to third parties, insurers, or cloud servers.

4. Limitation of Liability & Warranty

SteadyStat and its developers provide this tool "as-is" and make no warranties, express or implied, regarding the accuracy, completeness, or currentness of the medical standards used within the app.

- No Medical Liability: SteadyStat assumes no liability for any adverse medical events, misinterpretations of data, or clinical decisions (including medication adjustments) made by the user or their healthcare provider.
- Physician Responsibility: The final interpretation of all data and all subsequent clinical actions are the sole responsibility of the treating physician.

5. Emergency Notice

DO NOT USE STEADYSTAT IN THE EVENT OF A MEDICAL EMERGENCY. If you are experiencing symptoms of a heart attack, stroke, or hypertensive crisis (e.g., chest pain, severe headache, shortness of breath, or confusion), call your local emergency services (e.g., 911) or go to the nearest emergency room immediately.

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Consolidated Summary Table

Current Medications

Medication	Instructions	Reason	Prescriber	Alert?	Last Taken
Amlodipine 5.0 mg	1 Daily (20:00)			Yes	2025-11-28 8:24 PM
Hydrochlorothiazide 12.5 mg	1 Daily (08:00)			Yes	2025-11-29 8:06 AM
Losartan 50.0 mg	1 Daily (08:00)			Yes	2025-11-29 8:06 AM

Active Medications - Details

Amlodipine   5.0 mg

Frequency:	1 Daily
Start Date:	2025-09-01
End Date:	Ongoing
Notes:	CCB; scheduled 20:00.

Hydrochlorothiazide   12.5 mg

Frequency:	1 Daily
Start Date:	2025-09-01
End Date:	Ongoing
Notes:	Thiazide diuretic; scheduled 08:00.

Losartan   50.0 mg

Frequency:	1 Daily
Start Date:	2025-09-01
End Date:	Ongoing
Notes:	ARB; scheduled 08:00.